



RESULTS

3000 Metres Women - Final

RECORDS	RESULT	NAME	AGE	VENUE	DATE
World Record WR	8:16.60	Genzebe DIBABA	ETH 23	Stockholm (SWE)	6 Feb 2014
Championship Record CR	8:20.87	Elle ST. PIERRE	USA 29	Glasgow (GBR)	2 Mar 2024
World Leading WL	8:24.59	Freweyni HAILU	ETH 25	Liévin (FRA)	19 Feb 2026
Area Record AR		National Record NR	Personal Best PB	Season Best SB	

21 March 2026 19:05 START TIME

PLACE	BIB	NAME	DATE of BIRTH	ORDER	RESULT
1	645	Nadia BATTOCLETTI	ITA 12 Apr 00	2	8:57.64
2	811	Emily MACKAY	USA 30 Apr 98	7	8:58.12
3	502	Jessica HULL	AUS 22 Oct 96	6	8:58.18
4	577	Aleshign BAWEKE	ETH 23 Jan 06	1	9:00.26
5	793	Şilan AYYILDIZ	TUR 10 Oct 99	15	9:02.11
6	581	Freweyni HAILU	ETH 12 Feb 01	3	9:02.41
7	788	Vera SJÖBERG	SWE 19 May 01	14	9:03.57
8	613	Katie SNOWDEN	GBR 9 Mar 94	13	9:03.79
9	608	Hannah NUTTALL	GBR 7 Jul 97	5	9:04.20
10	672	Norah JERUTO	KAZ 2 Oct 95	9	9:04.22
11	655	Micol MAJORI	ITA 4 Jun 98	11	9:04.39
12	501	Linden HALL	AUS 20 Jun 91	4	9:04.83
13	671	TANAKA Nozomi	JPN 4 Sep 99	10	9:07.77
14	796	Margot APPLETON	USA 30 Sep 02	12	9:12.57
569		Marta GARCÍA	ESP 1 Jan 98	8	DQ TR17.1.2

NOTE WA Rule TR17.1.2 - Jostling: BIB 569 (Marta GARCÍA)

INTERMEDIATE TIMES

100 m 17.46 Marta GARCÍA	200 m 37.81 Marta GARCÍA
300 m 56.73 Norah JERUTO	400 m 1:15.71 Norah JERUTO
500 m 1:35.65 Norah JERUTO	600 m 1:56.15 Norah JERUTO
700 m 2:16.29 Norah JERUTO	800 m 2:35.19 Norah JERUTO
900 m 2:54.03 Norah JERUTO	1000 m 3:15.05 Norah JERUTO
1000 m 3:15.05 Aleshign BAWEKE	1100 m 3:35.57 Aleshign BAWEKE
1200 m 3:56.17 Micol MAJORI	1300 m 4:13.49 Micol MAJORI
1400 m 4:30.91 Micol MAJORI	1500 m 4:48.03 Micol MAJORI
1600 m 5:05.63 Micol MAJORI	1700 m 5:23.46 Aleshign BAWEKE
1800 m 5:41.28 Norah JERUTO	1900 m 5:58.39 Norah JERUTO
2000 m 6:16.42 Norah JERUTO	2100 m 6:34.23 Norah JERUTO
2200 m 6:51.74 Norah JERUTO	2300 m 7:09.00 Nadia BATTOCLETTI
2400 m 7:26.10 Nadia BATTOCLETTI	2500 m 7:42.92 Jessica HULL
2600 m 7:59.21 Nadia BATTOCLETTI	2700 m 8:14.21 Jessica HULL
2800 m 8:28.89 Jessica HULL	2900 m 8:43.13 Nadia BATTOCLETTI

ALL-TIME TOP LIST				2026 TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	2026
8:16.60	Genzebe DIBABA (ETH)	Stockholm (SWE)	6 Feb 14	8:24.59	Freweyni HAILU (ETH)	Liévin (FRA)	19 Feb
8:16.69	Gudaf TSEGAY (ETH)	Birmingham (GBR)	25 Feb 23	8:26.29	Aleshign BAWEKE (ETH)	Liévin (FRA)	19 Feb
8:19.98	Freweyni HAILU (ETH)	Liévin (FRA)	13 Feb 25	8:26.44	Nadia BATTOCLETTI (ITA)	Liévin (FRA)	19 Feb
8:20.87	Elle ST. PIERRE (USA)	Glasgow (GBR)	2 Mar 24	8:26.54	Elle ST. PIERRE (USA)	Boston, MA (USA)	24 Jan
8:22.68	Beatrice CHEPKOECH (KEN)	Glasgow (GBR)	2 Mar 24	8:27.03	Linden HALL (AUS)	Boston, MA (USA)	24 Jan
8:23.24	Dawit SEYAUM (ETH)	Liévin (FRA)	17 Feb 22	8:30.01	Emily MACKAY (USA)	New York, NY (USA)	28 Feb
8:23.72	Meseret DEFAR (ETH)	Stuttgart (GER)	3 Feb 07	8:31.39	Doris LEMNGOLE (KEN)	New York, NY (USA)	1 Feb
8:23.74	Meselech MELKAMU (ETH)	Stuttgart (GER)	3 Feb 07	8:32.94	Hannah NUTTALL (GBR)	New York, NY (USA)	1 Feb
8:24.39	Jessica HULL (AUS)	Glasgow (GBR)	2 Mar 24	8:34.28	Marta GARCÍA (ESP)	Liévin (FRA)	19 Feb
8:25.05	Alicia MONSON (USA)	New York, NY (USA)	11 Feb 23	8:34.96	Hirut MESHESHA (ETH)	Liévin (FRA)	19 Feb

